United in Philanthropy

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Impact in Action
Senior FITness provides our residents with an opportunity to socialize and exercise in a safe, fun environment. In the first issue of United in Philanthropy, we celebrated Rev. Champ Goldy’s legacy and everyone who chose to support UMC’s Senior Wellness Fund in his memory. We shared that over $30,000 had been raised to bring the Senior FITness program to residents at our affordable housing communities, as well as patrons of their local Senior Spaces. By the start of 2018, UMC had connected with Laura Pucciarelli, a certified personal trainer and health education specialist with over twenty-eight years of experience in corporate health and wellness programs. Luckily for UMC, Laura also has a passion for working with seniors!

Trainer Laura had fourteen enthusiastic participants of all different mobility and fitness levels in her March 14 fitness class. She made sure to demonstrate different modifications and versions of each exercise during the 45-minute workout. Some class members marched in place while strengthening their arms with 5-pound weights, while others remained seated and used their water bottles as a lighter alternative.

As Laura circulated the room, spotting and helping the seniors with their form, she taught the group the benefit of each exercise. Much of the routine focused on balance, flexibility, posture, and strengthening the core—important areas that can help seniors maintain mobility and avoid falls. Functional exercises are also designed to replicate activities that seniors have to do in their everyday lives, Laura pointed out. For example, squats can mimic bending to pick up groceries, and sit-to-stand exercises practice the movement of getting out of a chair or car.

In addition to the group class, Laura offers Senior Space attendees one-on-one consultations and individual exercise plans. As the fitness session wrapped up and the staff began to set up painting supplies for the next activity, many of the seniors gathered around to express their enjoyment and gratitude for Laura and the Senior Space. For many of them, Senior FITness is so much more than a workout; it’s a highlight in their week and an opportunity for fellowship and full-body wellness.

The exercise classes and Laura’s one-on-one coaching sessions are offered to affordable housing residents and members of their local community completely free of charge, all thanks to the generous donors who chose to support the Senior Wellness fund. We hope that each of you are filled with a sense of joy and satisfaction at the impact you’ve had on the health, happiness, and wellbeing of our Senior Space friends!

To learn more about United Methodist Communities’ Senior Spaces and the activities offered, visit homeworks.umcommunities.org/senior-space. If you’d like to support Senior FITness and other activities at our Senior Spaces, consider making a contribution to the Senior Wellness Fund!
The old computers in the Bristol Glen resident library were well loved, much used, and in need of a serious upgrade. The whole Bristol Glen family came together—“united in philanthropy,” we’d say—with the UMC Foundation to raise funds for three new, state-of-the-art computers for all residents to enjoy.

After being alerted of the need for replacement computers, the Foundation was able to provide a $1,000 grant to kick-start the fundraising. The Bristol Glen Auxiliary also stepped up with an additional $1,000. Bristol Glen residents raised the rest of the money by participating in a resident/associate art show, bagel sale, and garage sale. The $3,000 goal was reached in no time.

Gary Engelstad visited the Bristol Glen resident council to thank everyone for their great teamwork and to announce the new equipment had been purchased. IT staff is looking forward to installing them very soon!

We are always proud to be part of such a collaborative project, and we are grateful for all of the residents, associates, and individual donors who made this venture a success. Look at what we can quickly accomplish when we all work together!
I Give Because...

Daniel and Sylvia Frank share a heritage of giving.

Married for forty-two years, both grew up in the Caribbean and moved to the UK where they met, married, and raised a family before immigrating to the US. When asked where their giving spirits came from, they immediately reflect on their childhoods. Danny feels that he learned about giving from his mother, who taught him that small gifts from those who don't have a lot can be all the more meaningful for the sacrifice they represent. Sylvia observed commonalities between Caribbean parents: that they raised their children with tough love, an emphasis on education, and a reminder to always take care of each other. As a child, her family's door was always open to other members of the community, and friends and neighbors would often come to share meals.

The lessons they learned as children carried through to their adult lives. Sylvia shared how if the couple receives gifts that are too much for them to use alone, they will share with family and friends. She also makes it a habit to give donations in memory of friends and loved ones. Danny told the story of how he suffered a disfiguring hand injury in an accident at work. Instead of wallowing in his own pain and misery in rehab, he found the strength to be positive and assist other physical therapy patients who were struggling. After completing his prescribed therapy, the head of the rehab was so inspired by Danny’s positivity and compassion that he offered him a job as a physical therapy assistant.

The Franks’ involvement with United Methodist Communities is intertwined with their history in the Orange area. When they moved to the United States, Sylvia’s mother was already living in the town and attending Calvary-Roseville United Methodist Church.

The Franks joined the congregation and became close with Rev. Mark Odenwelder and his successor, Rev. Frank Ostertag. Both pastors were very involved in community outreach. When Rev. Ostertag began working with UMC to establish Bishop Taylor Manor, Danny was one of the people he asked to join him on the project.

After many years of hard work and determination, Bishop Taylor Manor opened for its first residents in 1989. Danny served on UMC’s Housing Board for many years, and frequently met with new residents to welcome them to Bishop Taylor to share the story of how Bishop Taylor came to be.

Though Danny is now retired from the board, the Franks continue to support the United Methodist Communities Foundation out of a passion for helping older people and a commitment to living out their faith. The way Danny and Sylvia see it, giving back to the community is how they thank God for all he has blessed them with in life. “Because I believe God put me here to do good, nothing can stand in my way.”

From the Franks

“We are very fortunate to be part of United Methodist Communities, and we know firsthand the good work the organization is doing to help older people. In order to grow and help more people, UMC needs support. We aren't telling anyone to give what they don't have, just to think about how they can make a difference. Everyone can do something, whether it's donating, volunteering...just help out however you can.”

From the Franks
Illuminating the Impact

Donors See Up Close Where Their Dollars Go

Where do my dollars go? What kind of impact am I making? Like all donors, we expect those who contribute to the United Methodist Communities Foundation to be asking these important questions. To ensure that donors have a stronger awareness of the impact they are having, the Foundation has begun providing informative luncheons at our communities. Our donors are taking advantage of this invitation, coming to the community and sharing a meal with residents, associates and community leadership.

Guests hear from residents about how the community has enriched their lives. They hear from associates who talk about the powerful relationships that are created among employees and residents. They hear from community leadership about how the Foundation works with the community to assist our residents in need. They hear about how new initiatives in innovative care are ensuring residents at United Methodist Communities are receiving the care they need and deserve.

Inevitably at these luncheons, donors and residents form new relationships. It might be a similar high school they attended, or a shared passion for the Giants or Eagles. Most importantly, the relationship between the Foundation and the donors who attend is further strengthened by all coming together, sharing and learning.

If you are interested in attending an upcoming luncheon at a community near you, please contact Gary Engelstad at 732-922-9802 x2129.

Church Resources

UMC is proud to be a connectional ministry of the United Methodist Church of Greater New Jersey. As an expert resource on aging in New Jersey, we’re happy to share our knowledge! If you or your church is interested in volunteer opportunities or joining our Congregational Ambassadors program, please contact Rev. John Callanan, Corporate Director of Mission & Pastoral Care, at 732-922-9802 x2184. Workshops on topics such as spirituality and aging, when to consider long-term care, and the changing nature of healthcare are also available.

Updated bulletin inserts, flyers, and other resources are available for download on our website at foundation.umcommunities.org/church-resources
With Mother’s Day and Father’s Day on the calendar, the summer season is a great time to recognize a loved one by making a gift in their honor or memory. Gifts to United Methodist Communities’ resident care fund make a wonderful tribute to those who taught you the value of giving back and being a helping hand for those in need.

**Gifts received In Memory of Jennie Barbato**  
Mr. Dennis Barbato

**Gifts received In Memory of Joan Bauer**  
Mrs. Margaret Farrell

**Gifts received In Memory of Clarence Beck**  
Mr. Norman Beck

**Gifts received In Memory of Thomas T. Black**  
Mr. & Mrs. Daniel A. Frank

**Gifts received In Memory of Dorothy Blackmar**  
Mr. Rich Alexander  
Mrs. Rebecca Chatterjee  
Ms. Jane Johnston

**Gifts received In Honor of Leo Cleary**  
Ms. Tina Nicol  
Mr. Anthony & Mrs. Kimberly Canduci  
Mrs. Joan Laurenzi

**Gifts received In Memory of Theresa Duffy**  
Mr. & Mrs. James Duffy

**Gifts received In Memory of Theresa Feid**  
Ms. Marilyn Counen  
Ms. Maureen Hartnett  
Mr. Alexander & Mrs. Joan Keilen  
Ms. Sherianne Zinsner

**Gifts received In Memory of William Felmey**  
Mr. & Mrs. William J. Felmey, Jr.

**Gifts received In Memory of Eli S. Firth**  
Mr. & Mrs. David N. Poinsett

**Gifts received In Honor/Memory of Zelda A. Fischer**  
Mrs. Lorna M. Manahan  
Mrs. Elizabeth Cannon

**Gifts received In Memory of Bernice Ford**  
Mr. & Mrs. Edward H. Bohn, III

**Gifts received In Memory of Dorothy Freier**  
Mr. & Mrs. Otto Freier

**Gifts received In Memory of Joseph E. Gardner**  
Dr. Carl & Mrs. Virginia Scheetz

**Gifts received In Memory of Patricia Geary**  
Mr. Kenneth A. Geary

**Gifts received In Memory of Sara Z. Ginther**  
Ms. Delores Dutil  
Mr. Joseph Furst  
Mr. George E. Ginther  
Rev. Elizabeth S. & Mr. Anthony P. Mallozzi  
Mr. Roger & Mrs. Elizabeth Miller  
Mr. George & Mrs. Judith Reistle  
Ms. Elizabeth B. Renquest  
Mr. John & Mrs. Janice Rose  
Dr. & Mrs. Carl E. Scheetz  
Ms. Diane Tateosian  
Mrs. Alice Winter  
Ms. Helen Wolf

**Gifts received In Memory of Carolyn Girone**  
Ms. Carolyn Tedeschi

**Gifts received In Memory of Jeanne Marie Greene**  
Mr. & Mrs. Daniel A. Frank

**Gifts received In Memory of Kathryn Hagerman**  
Dr. Suzanne H. Hampton

**Gifts received In Memory of Robert W. Hansell**  
Mrs. Leona M. Hansell

**Gifts received In Memory of Alice F. Kistner**  
Mr. & Mrs. Nick Chrisanthon  
Mr. C. William & Mrs. Jacqui M. Claypool

**Gifts received In Memory of Jeanette Lee**  
Mr. & Mrs. Daniel A. Frank

**Gifts received In Memory of Mary R. Lochel**  
Miss M. Lynne Lochel

**Gifts received In Memory of Josephine Masullo**  
Mr. Brian & Mrs. Patricia Gallagher  
Ms. Mary Vallo  
Mr. Richard & Mrs. Patricia Woodland

**Gifts received In Memory of Helen S. McKinley**  
Mrs. Lois E. Meyers  
Dr. & Mrs. Carl E. Scheetz  
Mr. & Mrs. Richard Traa

**Gifts received In Memory of William McQuillan**  
Ms. Susan McQuillan

**Gifts received In Memory of Grace Mitchell**  
Mr. M. Lindsay & Mrs. Suzanne Mitchell

**Gifts received In Memory of Mildred and William Nay**  
Ms. Bernice Nay
Maximum Impact
Sharing the Blessing with a Charitable Gift Annuity

Want to create a brighter future for you and your family, while also sustaining the mission of United Methodist Communities Foundation? Partnering with us through a Charitable Gift Annuity (CGA) might be the best way to do both. This investment yields not only a tax benefit, but also a fixed-rate income guaranteed for the rest of your life.*

A CGA is a gift made to a charity (not just cash – it may be an appreciated asset). In exchange for the gift, the charity pays a lifetime income to the donor. The donor’s tax deduction in this case is limited to the difference between the value of the gift and the present value of the annuity interest.

It is important for any donor to consider that their lifetime income is guaranteed by the financial stability of the ministry. Additionally, there will be a minimum contribution. The annuity rate will depend upon the value of the gift, the interest rate at the time of the gift, and the age of the annuitant(s).

Linking arms to impact our mission in this way has never been easier! We’ve aligned with Ambassador Advisors to guide you through this exciting journey. Reach out to us today to find out more!

* Annuity payments are backed solely by the full faith and credit of United Methodist Communities Foundation and are not insured or otherwise guaranteed by any other person or entity.
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Previous issues can be viewed or downloaded on our website, foundation.umcommunities.org, in the News & Events section.